## Communities in Schools North Texas

### **Did You Know?**

LHS-Killough

September 2014

### The case load is growing!

As of October 3, I have 33 students on my caseload and am expecting to add another 30-40 this month. Now is the best time to send me your referrals! I meet with students on my caseload 2-3 times a month to provide supportive guidance, college and career assistance, social services, mentors, and offer a safe place for them to talk.

#### **How To Contact Me**

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# Communities In Schools

### Changin' it up at Killough

This year Communities in Schools has greater capacity to surround students with a community of support to empower them to be successful despite difficult circumstances. Together with Stephanie Valle, the Mobile Site Coordinator, we will be able to serve 100 kids instead of 80.

My name is Ally Barnett and I received my Master of Social Work degree from The University of Texas at Arlington with a concentration in Children and Families. I completed my internship with the Families First program with Catholic Charities Diocese of Fort Worth where I co-facilitated counseling groups for parents. This internship helped me get a more well rounded perspective of the family unit. I received my Bachelors of Social Work from the University of Hawaii at Manoa. I spent 2 years interning with the Hawaii Department of Education conducting child and family assessments, leading friendship groups, and assisting teachers, counselors, and school psychologists. I love being a social worker because I get to build relationships with children and families, help them identify their strengths, and use those strengths to empower them to enhance their quality of life.

Needless to say, I am absolutely thrilled to be working at Killough. I have been blow away by the warm welcome, guidance, and support I have received from this amazing staff. Thank you so much for helping make this a smooth transition.

Your passion for your work and these students is radiant and inspiring. A relationship with a caring adult is known as a "protective factor" that serves as a buffer against risks that could negative affect a teen's well-being. Keep doing what you're doing! I will be sending this newsletter once a month to keep you updated on what CIS is doing and encourage you. Call me, email me, or come by my office any time!

## Coming Up Next Month!

#### **At&T Field Trip**

On October 29th I will be taking 20 students to the AT&T office in Farmers Branch to learn about what it is like to work for a major company.

**Current Needs** 

SNACKS MENTORS



### What is CIS?

The mission of Communities In Schools of North Texas is to surround students with a community of support, empowering them to stay in school and achieve in life.

CISNT dropout prevention programs provide solutions to keeping at-risk students in school and ultimately reduce the incidence of dropping out of school. We believe that dropping out is not just a school problem, but also a community problem. Therefore, we believe that coordination of community services is essential to meeting the needs of at-risk youth—youth not only at risk of dropping out of school, but also other at-risk social issues including substance abuse, teen pregnancy, involvement with juvenile justice system and other negative social outcomes.

www.cisnt.org